

## Safeguarding Adults in Sport

Encouraging people to participate in sport or physical activity has countless benefits, including helping a person feel less isolated and promoting a sense of belonging. Anybody involved in organising, delivering or supervising sports activities has a responsibility for safeguarding. This course will help them understand what safeguarding is and, by recognising the indicators of safeguarding concerns, challenge and report any practice they feel has the potential to put an adult at risk. Safeguarding Adults in Sport is endorsed by UK Athletics.



### Course details

- Two modules with two multiple-choice questionnaires
- Two CPD credits\*
- Optional narration of the course modules and questionnaires for accessibility
- Personalised downloadable certificate
- 70% pass mark
- Printable modules for future reference

\*1 CPD credit equals up to 1 hour of learning

### Course content

#### Module 1

##### Understanding the Importance of Safeguarding

- What is safeguarding?
  - The six principles set out in the Care Act 2014
- What is abuse?
- Categories of abuse
  - Physical abuse
  - Sexual abuse
  - Emotional or psychological abuse
  - Financial or material abuse
  - Neglect and acts of omission
  - Discriminatory abuse
  - Domestic violence
    - Domestic abuse
    - Honour-based abuse
  - Modern slavery
  - Organisational abuse
  - Self-neglect



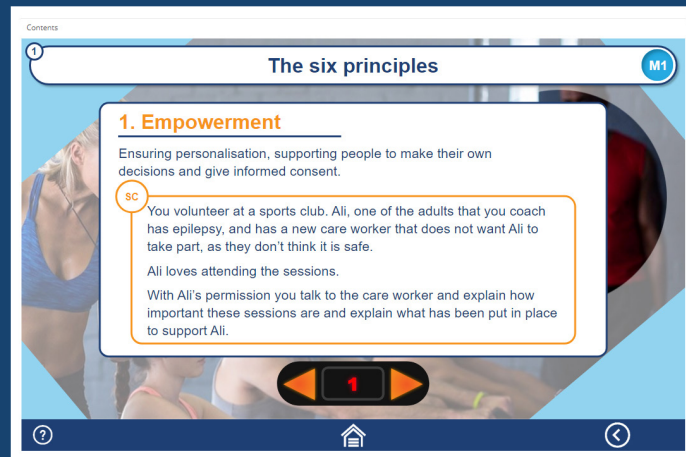
## Understanding the Importance of Safeguarding

- Specific safeguarding issues
  - Female genital mutilation (FGM)
  - Forced marriage
  - Extremism/Radicalisation
  - Online abuse
  - Mate crime
  - Hate crime
- Recognising abuse
- Post-traumatic stress disorder (PTSD)
- Legislation and guidance
  - The Human Rights Act 1998
  - The Data Protection Act 2018
  - Sexual Offences Act 2003
  - Mental Capacity Act 2005
  - The Safeguarding Vulnerable Groups Act 2006
  - The Equality Act 2010
  - The Protection of Freedoms Act 2012
  - Domestic Violence, Crime and Victims (Amendment) Act 2012
  - The Care Act 2014
  - Deprivation of Liberty Safeguards

## Module 2

### Responding to Abuse and Creating a Safe Environment

- Dealing with concerns of abuse
  - Dealing with a disclosure
- Reporting procedures
  - Whistleblowing
- Responding to non-recent abuse (historical abuse)
  - Cases of non-recent abuse in sport
- Promoting safe working practice
  - Position of trust
- Creating a safe environment
  - Safer recruitment
  - Physical contact
  - Photography and filming
  - Code of conduct
- Developing a safeguarding adults policy
  - Developing your policy



**This course is suitable for**

Coaches, instructors, volunteers, welfare officers and club support staff who work with adults in a sport setting.



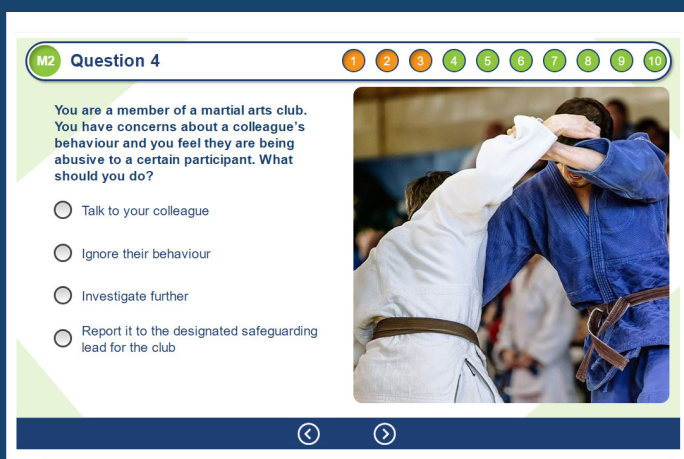


## Key features

- Visually engaging and highly interactive
- Scenarios to illustrate course content
- Answer explanations for those who achieve the pass mark
- Additional resources to provide further support and expand learning

## Purchase options

1. Available as a standalone course on the EduCare website.
2. Buy as part of one of our multi-course licences. For further information, please call 01926 436212 to discuss purchase options and licences.



## Why choose us?



“UK Athletics’ coaches and officials are able to complete certified courses in safeguarding and preventing bullying at their own pace in their own time. They ensure our members are compliant and up-to-date on essential safeguarding and it helps them to understand what they need to do to safeguard vulnerable people in their clubs and communities.”

Jane Fylan  
Welfare Lead/England Athletics

www.educare.co.uk  
01926 436 211  
online@educare.co.uk

